



**No. 12 : 11 August 2023**

*From the Principal*

### **School Review –**

It has been a busy week at school this week. We had the review panel here looking at our practices and processes on both Tuesday and Thursday. They spoke to almost all students and staff across the two days. I am also very grateful to those parents who were able to meet with them on Tuesday afternoon. There has been a lot of information gathered that Natalie Toohey (the school reviewer) will now go away with and process. However, by the end of the two days we have some clear future directions. The review panel will come back together in a couple of weeks (Thursday 24<sup>th</sup> August) to refine these directions into goals, actions and targets as we formulate the new strategic plan that will guide us for the next four years.

### **STEM Idols –**

The girls from Years 8–10 travelled to Mildura on Wednesday to participate in careers day for girls in STEM (Science, Technology, Engineering and Mathematics). This was organized by the LLEN (Local Learning and Employment Network). The students had the opportunity in the morning to participate in workshops run by The Department of Agriculture. This involved constructing a mini computer, attaching a soil moisture sensor, programming the computer using python coding to take measurements on how moist the soil was in a simulated olive grove (each table had an olive tree in a pot), with different amounts of rainfall (watering or not watering the trees).

The students learnt about how this program would fit into a smart farm system, where many aspects like irrigation systems are automated. The students learnt about the different types of software systems and code that are required to make these automated systems operate effectively. They also learned about how different sets of data are collected in agriculture, through the use of satellite imagery, remote sensing, drones and ground-based data collection.

In the afternoon the girls listened to a range of speakers about their educational and career journeys and how valuable STEM is in keeping a number of doors open. Each of these women had very interesting and sometimes challenging career journeys, but their main message was that if you are passionate about something there is always a pathway into that field. Thank you to Miss Grant for her organization and Mrs Kelly for attending with us.

### **Lightning Premierships –**

Congratulations to Phoenix and Kalian who represented Murrayville in the Netball Lightning Premiership regional finals in Swan Hill on Tuesday. They joined students from Underbool and Tempy to form their team. Although they weren't as successful as they had been in Red Cliffs, they still had an enjoyable day. Thank you to Mrs Morzer-Bruyns for taking them and coaching the team on the day.

### **Crow Kid –**

The students enjoyed a shadow puppet performance on Tuesday that was part of the Regional Arts Victoria tour. The show had an underlying message about the importance of friendship and connections.

### **Athletics –**

Preparations for Athletics day are well under way and the first long distance race was run yesterday. I hope to see you Thursday. There are further details provided in the subsequent pages.

*Natasha Mudie - Principal*



at MCC : September 7

Catherine (Taiwan name Chi-ling) Chiu is visiting from Kaohsiung City, Taiwan, and celebrated her 16th birthday with her MCC classmates this week, and delicious treats shared amongst them.

We hope you are enjoying your experiences in an Australian school Catherine and will have many stories to tell your Taiwanese counterparts when you return.



## PRIDE Awards

*Prep*

**Levi KELLY**

for showing RESPECT towards his classmates, using his manners, and helping others at jobs and pack up time

*1*

**Noah AURICHT**

for showing INDEPENDENCE with his writing by using a story map and creating a story on his own

*2-3*

**Xenophon DE PREEZ**

for showing INDEPENDENCE with his home reading, and making sure he reads each night

*4-6*

**Hudson CRANE**

for showing EXCELLENCE in re-telling what he had just read in his novel

**Eli GUERIN**

for showing RESPECT to other students and staff and using his manners



**WELL DONE**

## CANTEEN

Ham Sandwich \$2.50

Ham & Cheese Sandwich \$3.00

Cheese Sandwich \$2.00

Cheese & Tomato Sandwich \$3.00

Ham, Cheese & Tomato Sandwich \$4.00

Tomato Sandwich \$2.00

Vegemite Sandwich \$1.50

Pies/Pasties \$4.50 : Party Pies \$1.20

Sausage Rolls \$3.50

Sauce 20c

Pizzas (Ham & Pineapple

or Bacon & Cheese) \$2.50

Ham & Cheese Toasties \$2.50

ALL ORDERS TO Front Office BEFORE SCHOOL

Late orders will only have access to ham & cheese toasties

*Please - no more than \$5 in your envelope*



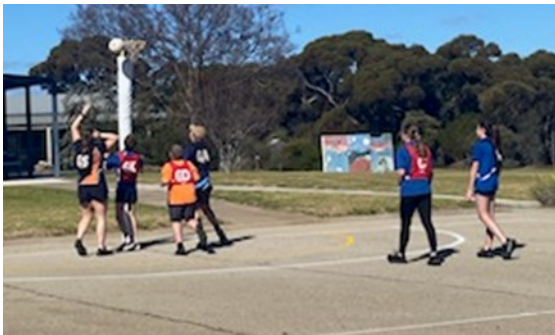


Our Super Shot Fast 5 netball got off to a cracking start on Wednesday with Team 1, Brooklyn, Emmazyn, Tyson, Alana and Oliver hitting the court against rivals, Izzie, Tiana, Bella, Dylan and Zhoe. Both teams were keen for the win however it was Brooklyn who found the ring early and scored for his team. Team one continued to score with good passing into the ring by Alana into her goalies, Emmazyn and Brooklyn to obtain a quick 2 goal lead. Izzie worked tirelessly in defence, with Zhoe controlling the mid-court to find Dylan and Tiana who put them on the board. Just before the half time siren Brooklyn hit a 2-point shot and the game was 6 goals to 4. A few positional changes were made which impacted the game. Oliver matched up well against Tiana and with a few fantastic intercepts from Oliver he kept the ball working

towards their end. The goals could not be consolidated by Team 1 and with the height from Dylan and Tiana at the opposing end in goals, they chipped away to tie the score at 6 goals each.

Player of the Season (voted by the opposing team)

- |                  |                  |
|------------------|------------------|
| 1. Oliver Berlin | 1. Zhoe Willison |
| 2. Tyson Nuske   | 2. Izzie Kelly   |



Our 2<sup>nd</sup> game of the round saw Muddy Puddle take on team, THE. It was a very evenly matched contest. Z1 against Z2 (Zhoe W and Zac), fought it out in the centre, with both providing much drive for their respective teams. Mya and Evie both scored and at half time the scores were level, 1 goal each. A few positional changes were welcomed. Lachlan and Katie worked hard in defence but had their work cut out for them against Brodie and Zhoe, who were quietly adding to their total.

Frankie and Evie never gave up in defence, creating turnovers. Rourke was running rampant in the Centre feeding his goalies well. A couple of goals from Zoe M helped team, THE, however it fell short with Muddy Puddle winning 5 goals to 4.

Players Player of the Series

- |                     |                  |
|---------------------|------------------|
| <b>Muddy Puddle</b> | <b>THE</b>       |
| 1. Evie Oakley      | 1. Zac Kelly     |
| 2. Rourke Mudie     | 2. Lachlan Nuske |



The last game saw, The Blues take to the court against Unstoppable Force. Unstoppable Force were quite depleted from their usual players but recruited well using the fill in system to put together a team. Again, it was a tough contest. Unstoppable Force got off to a great start with Brooklyn working well in the mid-court and both Zoe M and Rourke converting on the score board. Blues took a while to gel and when Shania hit a supershot it kept her team in it, going into the break 3 all. Chippy worked tirelessly in

the centre, whilst Liam and Jacob tried to contain Brooklyn in goals. Brooklyn hit 2 supershots and although another super shot was made by Shania it wasn't enough, with the final score being, Unstoppable Force, 10 and Blues, 5.

- |                          |                   |
|--------------------------|-------------------|
| <b>Unstoppable Force</b> | <b>Blues</b>      |
| Rourke Mudie             | 1. Noah Ewin1     |
| Brooklyn Morzer Bruyns   | 2. Shania Heintze |







Ms Lozz organised for Sean Phillip from The Shaka Project to attend Murrayville Community College in week 4 on Wednesday 2 August. This was with the intention to speak to the year 7 to 12 students regarding the importance of their mental health and reaching out. All young people listened attentively, discussed what it looks and feels like not to be okay. In addition, they discussed a new stigma of reaching out and supporting their mates & figuring out what their own practices were to maintain positive mental health.

The feedback included the following:

- I learnt about crisis mode
- It is okay to be vulnerable and express your feelings
- Tell people you love them because that means they matter
- Have more mental health days
- Sean showed me how to have a positive mind
- You have to look after yourself before others
- I learnt what mental health can do to you in a positive and negative way
- To always check on your mates
- Care about yourself first, then others
- Put yourself first (doesn't make you a bad person)
- That help is available all the time
- I learnt about mental health kindness (giving for no expected return)
- It is okay to be sad
- I learnt that drinking is bad
- That just one message could save someone's life
- Small acts of kindness can make a large impact on others so by incorporating a small action it can change someone's day
- A question can change someone's life
- Validate your friends' feelings and your own



Students and teachers connected with Sean at the commencement of their sessions, including our KESO (Koorie Engagement Support Worker) Michael Harradine, to discuss their own stories and reflect. A big thank you to Sean and The Shaka Project for travelling all the way out to Murrayville to support and connect with our community.





The Preps and Grade 1s  
have been learning about  
weather and how the  
earth changes



They carried out an  
experiment to learn  
about clouds, rain and  
the water cycle



# weather studies



# STEM IDOLS 2023



Our Year 8-10 girls travelled to Mildura to participate in the STEM Idols program, an event developed by the Northern Mallee Local Learning and Employment Network.

The aim is to promote Science, Technology, Engineering and Mathematics (STEM) to these young people whose gender is not well represented in the workforce and tertiary studies, and to encourage them to consider futures in the STEM fields.




In Year 9 Science class this week, students had a fun and educational experience learning about acid carbonate reactions! They used this chemical reaction to blow out candles.

To start, the students mixed baking soda (sodium bicarbonate) with vinegar (acetic acid). This created a chemical reaction which produced carbon dioxide gas. The gas displaced the oxygen around the candle, causing it to go out.

Not only did this experiment teach students about chemical reactions, but it also helped them understand how gases behave and interact with each other. It was a great example of how science can be both informative and enjoyable.

We're proud of our students for their enthusiasm and curiosity in science class, and we can't wait to see what other exciting experiments they'll conduct this school year!

**Congratulations ...**  **to Alby, who was awarded The Most Resilient Male award at The Shaka Project event on Wednesday 2 August, as he missed the presentations last term due to being on Leadership Camp.**

**His peers voted for him as he has demonstrated great resilience, despite challenges and difficulties faced this year. This ties into not only Men's Health Week, but also mental health awareness to check in on your mates and recognise the importance of coming together to support your mates.**







You're invited to our BOOK FAIR  
21/8 – 8/9: School Hours



**Super Shot**  
**Fast 5**  
**Netball**





House Athletics approaching - fast! Students ran the 1500m event at lunchtime on Thursday and the 800m will be run at lunchtime on Tuesday.



**1500 metres**



Phoenix and Kalian enjoyed playing in the recent Lightning Prem Zone finals in Swan Hill. Thanks to Stacey for accompanying them.



# Sport News



# House Athletics - Thursday 18th August

## FOOD ON SALE

BBQ Sausages \$1  
 Burgers \$2  
 (incl bread and sauce)  
 Tea/Coffee \$1  
 Canteen snacks/drinks

Secondary events from 9:15am

Primary events from 11:20am

Buses will run as normal

Can all students please wear appropriate sports clothing (in House colours) and footwear  
**Please come along and support your children!**



### Please note

⇒ The 800m will be run during Tuesday lunchtime

# SPORTS DAY

## PRIMARY COMPETITION

11:20am Sprints Start (12 year olds → 6 year olds)  
 11:35am Hurdles Start (12 year olds → 6 year olds)  
 12 noon Field event rotation  
 2:15pm Long Distance Start (6 → 12 Year olds)

During athletics the following staff members will be guiding the following age groups:

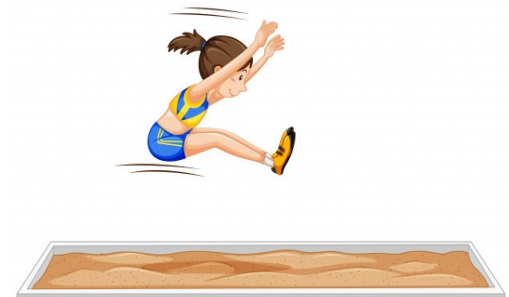
Mrs Peers/Mrs Kelly	6 & 7 Year Olds
Ms Allan/Mrs McNally	8,9,10 Year Olds
Ms Osborn/Mrs Thomas	11 & 12 Year Olds

*We look forward to seeing you on the day!*

If you have any questions about the day, please ask your child's classroom teacher or Andrew Willison (Sports Coordinator)

### FIELD EVENTS

Time	Event	6 & 7 Year Olds	8,9,10 Year Olds	11 & 12 Year Olds
12.00	1	Shot Put	Long Jump	Discus
12.30	2	Long Jump	Discus	High Jump
1:00	3	Discus	High Jump	Shot Put
1.30	4	High Jump	Shot Put	Long Jump



## PRIMARY SCHOOL DAY

8.55-9.55am Class  
 9.55-10.15am Recess – Children eat snacks/lunch brought from home  
 10.15-10.45am Class – also pack bag for home  
 10.45 – 11.05am Lunch – Children eat snacks/lunch brought from home  
 11.20 – 3.15pm Athletics

Students will need to eat a snack or lunch before the house sports. There may be time to purchase food from the canteen during the day depending on how events are running.

# COLLEGE CALENDAR

We acknowledge the Aboriginal and Torres Strait Islander peoples, the first peoples and traditional custodians of the lands where we live, learn and work. We pay our respects to the Elders, both past, present and future, for they hold the memories, traditions, culture and hopes of Indigenous Australians.



- 17/8 House Athletics
- 24/8 Primary Book Week Day
- 25/8 UDSSA Athletics
- 28/8 Student Free Day
- 29/8 VCE English to Ouyen
- 30/8 Mallee Division Athletics
- 6/9 Emergency Services Day
- Sunraysia South Athletics
- Women's Health Week BBQ
- 7/9 OPEN DAY at MCC
- 8/9 'Brilliant at Being Resilient'
- 14/9 RUOK Day
- 15/9 Term 3 ends
- 2/10 Term 4 commences
- 4/10 Pinnaroo Show
- 9/10 Year 7 immunisation
- 9-13/10 Year 9 Rubicon camp
- 24/10 VCE exams commence
- 6/11 College Council



This week is Anxiety and OCD Awareness Week. In recognition of this theme Mrs Peers and Ms Lozz worked together to educate the young people about the signs, symptoms and strategies to manage unsettling feelings. Mrs Peers taught the young people in Monday morning assembly what anxiety can look like in terms of behaviours from the outside, including what it can feel like on the inside. Mrs Peers demonstrated this through skits with her year 1 students as a helpful visual tool for everyone. Following this, mindfulness and



Ms Lozz held a breathwork session at the Primary the young slow down their breathing, practise visualisation, body scans and focus on the senses in the present moment. At recess Monday and lunchtime Wednesday the Secondary School students were able to engage in breathwork sessions to calm their mind, relax their bodies and reset their week. This was with the intention to reduce stress levels and teach them that at any time they can use these tools to calm their nervous system. The activities were enjoyed by all and a very valuable tool for these young people.

A warm smile  
is the universal  
language  
of kindness

